# 2025



# **CAGC NC Health Plan**

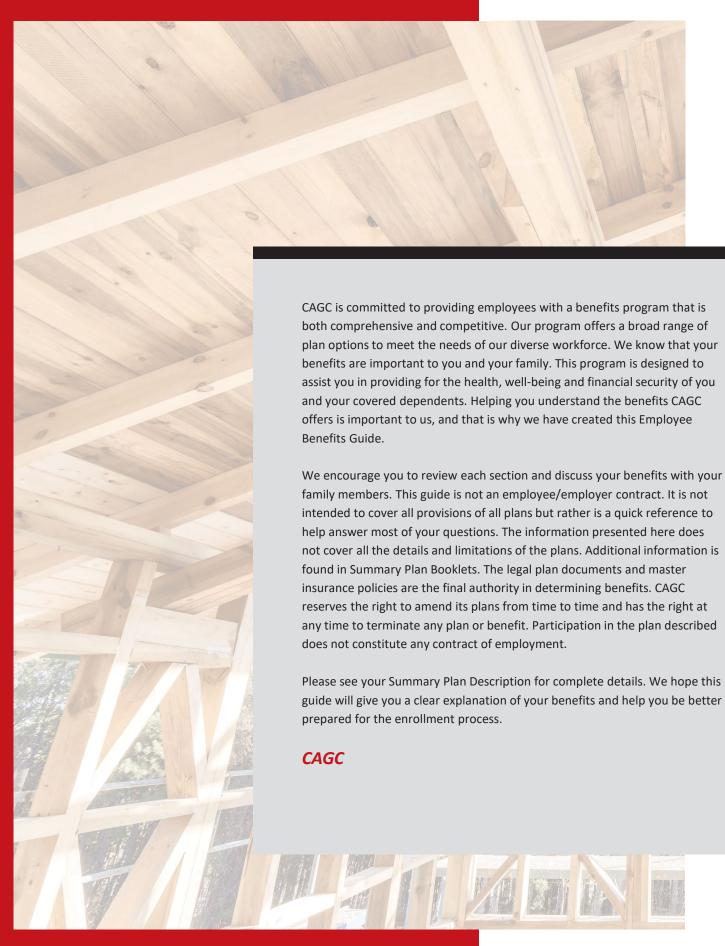
# EMPLOYEE BENEFITS GUIDE

Enclosed in this book you will find a brief overview of your CAGC company benefits for the upcoming year. Please reach out to your HR Manager, for additional information.

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This Benefit Enrollment Guide highlights recent plan design changes and is intended to fully comply with the requirement under the Employee Retirement Income Security Act ("ERISA") as a Summary of Material Modifications and should be kept with your most recent Summary Plan Description(s). Copies of the summary plan descriptions are available free of charge by contacting the HR department. The information in this benefit guide is presented for illustrative purposes. The text contained in this guide was taken from various summary plan descriptions and benefit materials. While every effort was taken to accurately report your benefits, discrepancies or errors are always possible. In case of discrepancy between this guide and the actual plan documents, the actual plan documents will prevail. Nothing contained in this guide should be construed as a contract for employment, either expressed or implied.



# **ELIGIBILITY & ENROLLMENT**

### WELCOM TO YOUR NEW EMPLOYEE BENEFITS



### WHO IS ELIGIBLE

You are eligible for benefits if:

- Your employer has completed a CAGC participating employer agreement and
- You are a full-time associate working at least 30 hours per week



### **EFFECTIVE DATE OF COVERAGE**

During the plan year, eligible new hires will be subject to a waiting period determined by the applicable benefit. Most plans will become effective the first of the month following the waiting period. If you enroll in benefits during Open Enrollment, your benefits will be effective January 1st.



### WHEN TO ENROLL

Benefit-eligible associates have the two following opportunities to enroll in the associate benefits program:

**NEW HIRE ENROLLMENT.** New hires have thirty days from their date of hire to enroll in CAGC's benefit coverages. Most plans become effective first of the month following 30 days. Associates not enrolling during this period must wait until the next open enrollment to elect coverage. If you have questions, please contact your manager.

**OPEN ENROLLMENT.** For the 2025 plan year, CAGC's annual open enrollment period will begin Monday, November 17, 2025 and will close Friday, December 12, 2025. All changes and elections will be effective January 1, 2026.

### **HOW TO ENROLL**



# **ELIGIBILITY & ENROLLMENT**

WELCOM TO YOUR NEW EMPLOYEE BENEFITS

### WHEN YOU CAN MAKE CHANGES

CAGC benefits plan year is from January 1 to December 31. Generally, you can only change your benefit choices during the annual Benefits Enrollment period.

You are also allowed to make benefit changes if you have an IRS "Qualifying Event" during the year, which includes:

- Marriage or Divorce
- Birth, adoption or placement for adoption of an eligible child
- Death of your spouse or covered child
- Change in your spouse's work status that results in cancellation of your benefits
- Your dependent child is no longer eligible
- Loss of coverage through a parent's plan
- Becoming eligible for Medicare or Medicaid during the year

If you have a life event change, you must submit notification to your manager within 30 days of the qualifying event. Depending on the type of changes, you may need to provide proof documentation (for example, a marriage license or birth certificate). If you do not submit notification within 30 days, you will have to wait until the next annual Open Enrollment period to make benefit changes.

### WHEN COVERAGE ENDS

Benefits end on the last day of the month in which your employment ends, or when you cease to meet eligibility guidelines.



# **MEDICAL INSURANCE**

### BLUE CROSS AND BLUE SHIELD OF NORTH CAROLINA

CAGC offers four medical plan options administered by Blue Cross and Blue Shield of North Carolina (Blue Cross NC). All plans use the same network of providers who have agreed to charge discounted rates to plan members. The amount you pay for health care will vary depending on whether or not you use in-network providers and facilities. You always have the choice to go to any provider, but you'll pay less if you stay within the Blue Cross NC Blue Options<sup>SM</sup> network.

MEDICAL BENEFITS				
Benefits	Platinum	Gold	Silver	HDHP H.S.A
Deductible In-Network (Ind / Fam) Out-of-Network (Ind / Fam)	\$1,000 / \$2,000 \$2,000 / \$4,000	\$3,500 / \$7,000 \$7,000 / \$14,000	\$5,000 / \$10,000 \$10,000 / \$20,000	\$5,000 / \$10,000 \$10,000 / \$20,000
OOP Maximum In-Network (Ind / Fam) Out-of-Network (Ind / Fam)	\$3,000 / \$6,000 \$6,000 / \$12,000	\$7,000 / \$14,000 \$14,000 / \$28,000	\$9,200 / \$18,400 \$18,400 / \$36,800	\$8,300 / \$16,600 \$16,600 / \$33,200
Coinsurance In-Network Out-of-Network	20% 50%	20% 50%	20% 50%	30% 60%
Physician Office Visit In-Network (PCP/SPC) Copay In-Network Preventive Care In-Network Urgent Care Copay	\$15 / \$30 Covered at 100% \$30	\$25 / \$50 Covered at 100% \$50	\$35 / \$70 Covered at 100% \$70	D&C Covered at 100% D&C
Hospital Copay Inpatient Facility Copay (IN/OON) Outpatient Facility Copay (IN/OON)	- / - - / -	-/- -/-	- / - - / -	-/- -/-
Emergency Room ER Copay	\$300	\$300	\$500	30%
Prescription Drugs Coinsurance Maximum Retail Formulary / Network	\$4/\$25/\$35/\$75 Essential C / Broad	\$4/\$25/\$35/\$75 Essential C / Broad	\$15/\$45/\$85/\$105 Essential C / Broad	\$15/\$45/\$85/\$105 Essential C / Broad
2025 Rates				
Employee Only	\$845.59	\$734.06	\$659.15	\$491.53
Employee + Spouse	\$1,857.58	\$1,612.77	\$1,448.55	\$1,079.96
Employee + Child	\$1,608.33	\$1,396.84	\$1,254.93	\$936.61
Family	\$2,620.35	\$2,275.54	\$2,044.34	\$1,525.06

# **MEDICAL INSURANCE**

MEDICAL PLAN OVERVIEW

### **MEDICAL INSURANCE BASICS**

### **DEDUCTIBLE**

The amount you pay for covered health care services before your insurance plan starts to pay.

### **CO-INSURANCE**

The percentage of costs of a covered health care service you pay after you have paid your deductible (20% for example).

### **OUT-OF-POCKET MAXIMUM**

The most you have to pay for covered services in a plan year. After you spend this amount on deductibles, copayment, and coinsurance, your health plan pays 100% of the costs of covered benefits for the remainder of the year.

### WHICH PLAN IS RIGHT FOR ME?

### PLATINUM PLANS

The platinum plan provides a higher level of benefit coverage. While the premium is also higher, it is for good reason. This plan may be the best fit for you and your family if you anticipate regularly using the plan or historically have various medical expenses throughout the year.

### **GOLD AND SILVER PLANS**

The gold and silver plans provide mid-level benefit coverage. While the premiums are higher than the HDHP plan, it is for good reason. These plans may be the best fit for you and your family if you anticipate regularly using the plan or historically have various medical expenses throughout the year.

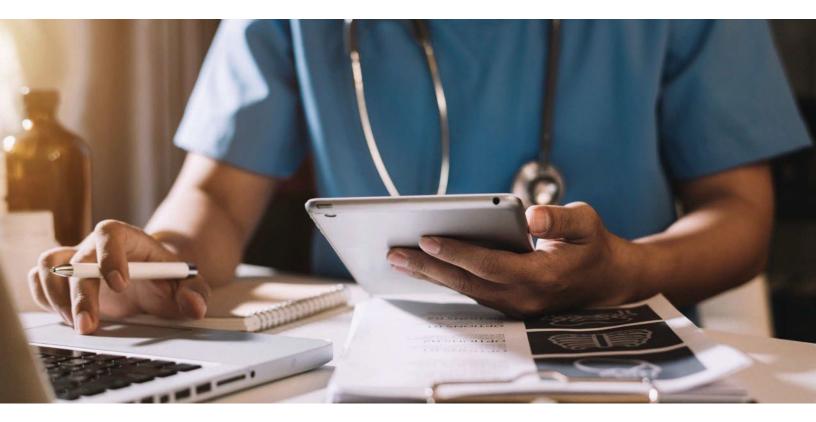
### **HDHP H.S.A PLAN**

The HDHP plan provides a basic level of insurance coverage. The cost of the plan is less because the overall benefit has a much higher deductible and overall out-of-pocket costs. This plan may be the best fit for you and your family if your goal is to have protection against a catastrophic or unexpected medical expense and do not have a history of frequent medical expenses.



# **TELEMEDICINE**

**TELADOC** 



Telephone and online video consultations are available for all associates & family members enrolled in medical coverage.

Unlimited services are available to members and provide a quick and easy service to diagnose, treat and prescribe medication (when necessary) for certain general medical issues. To enroll in Teledoc, visit <a href="www.Teladoc.com">www.Teladoc.com</a> or call 800.835.2362. You can activate your account, choose a doctor or resolve your issues.

Teledoc consultations are available subject to a \$10 payment for the Platinum, Gold and Silver plan 30% coinsurance for the HDHP.



# COMMON TELEMEDICINE DIAGNOSES:

Sinus problems
Urinary tract infection
Pink eye
Allergies / congestion
Flu / cold / cough / ear infection



# WHEN TO USE TELADOC:

Non-emergency medical assistance
Physician unavailable
After normal hours of operation
On vacation / out-of-town
Short-term prescription refill
Second medical opinions

# **DENTAL INSURANCE**

### BLUE CROSS AND BLUE SHIELD OF NORTH CAROLINA

CAGC offers dental coverage to you through BlueCross NC. Your dental plan provides coverage to help with the cost of many dental services including routine cleanings, x-rays, restorative and prosthetic services. The plan includes an extensive network of dental providers. Maximize your benefits by selecting an in-network dentist to save more on all covered services and avoid balance billing.

DENTAL INSURANCE			
	DENTAL HIGH PLAN DENTAL LOW PLAN		
Benefits	IN-NETWORK	IN-NETWORK	
Annual Maximum per individual	\$1,500	\$1,000	
Type I - Diagnostic & Preventive Exams, Cleanings, Flouride Treatment, Space Maintainers, X-Rays, Sealants	100%	100%	
<b>Type II - Basic Services</b> Fillings, Simple Extractions, General Anesthesia, Oral Surgery, Endodontics	80%	80%	
<b>Type III - Major Services</b> Crowns, Inlays, Onlays, Bridges, Dentures, Periodontic, Implants, TMJ	50%	50%	
Type IV - Orthodontic Services	50% (Child)	Not Covered	
Calendar Year Deductible Applies to: Individual Family	\$50 single \$150 family	\$50 single \$150 family	
Lifetime Orthodontia Maximum	\$1,500	Not Covered	

DENTAL INSURANCE TOTAL MONTHLY PREMIUM			
COVERAGE TIER	HIGH PLAN	LOW PLAN	
Employee Only	\$48.43	\$44.99	
Employee + Spouse	\$96.86	\$89.99	
Employee + Child	\$116.14	\$99.99	
Family	\$177.55	\$154.98	



# **VISION INSURANCE**

### BLUE CROSS AND BLUE SHIELD OF NORTH CAROLINA

CAGC offers vision coverage to you through BlueCross NC. Receive the maximum benefits and pay less out-of-pocket by visiting an innetwork provider. The network includes provider access points nationwide. A comprehensive vision exam is available every 12 months and you may purchase eyewear in the form of an eyeglass frame and lenses, or contact lenses.

VISION INSURANCE			
Benefits	IN-NETWORK	OUT-OF-NETWORK	
<b>Eye Examination</b> Comprehensive exam of visual functions and prescription of corrective eye wear.	\$10 Copay	\$39 Allowance	
Contact Lens Evaluation and Fitting Elective Medically Necessary	\$130 Allowance + 15% off balance Covered in full	Not Covered \$104 Allowance \$200 Allowance	
Materials / Eye wear Single Vision Eyeglass Lenses Lined Bifocal Eyeglass Lenses Lined Trifocal Eyeglass Lenses Lenticular Eyeglass Lenses	\$25 Copay \$25 Copay \$25 Copay \$25 Copay	\$25 Allowance \$25 Allowance \$25 Allowance \$25 Allowance	
Frame Allowance Standard Frame	\$130 Allowance + 20% balance	\$65 Allowance	
Lens Upgrades PolyCarbonate (single vision/multi-vision) Anti-Reflective (single vision/multi-vision) Scratch Resistant (single vision/multi-vision) Transitions / Photochromic (single vision/multi-vision)	\$40 \$45-20% off \$15 \$15	Not Covered Not Covered Not Covered \$70 Allowance	
Progressive Lens Standard Multi-Vision Premium Multi-Vision Custom Multi-Vision	\$85 \$95 \$110	\$39 Allowance	
Laser Vision Correction	15% off Laser Correction		

VISION INSURANCE TOTAL MONTHLY PREMIUM			
COVERAGE TIER	RATE		
Employee Only	\$12.75		
Employee + Spouse	\$20.63		
Employee + Child	\$21.50		
Employee + Family	\$29.73		

## VALUE ADDED PROGRAMS

### BLUE CROSS AND BLUE SHIELD OF NORTH CAROLINA

Blue Cross NC members have access to electronic newsletters and personalized health tools such as health trackers and assessments. Additionally, Blue Cross NC offers a number of support tools and resources to help you and dependents take charge of your healthcare. Login to your Blue Connect portal to learn more.

### NURSE SUPPORT PROGRAM

Case Management supports members who may need one-on-one attention for high-risk conditions. Case Managers/Nurse Advocates help members better understand and improve their health. Support is provided via text, secure email and phone.

### **PIVOT**

This clinically proven, personalized and self-paced program (delivered via smartphone app) helps members quit or reduce tobacco use. It includes in-app coaching, daily activities, no-cost NRT and the Pivot Smart progress tracker.

### **GUIDED HEALTH RX**

By analyzing pharmacy and medical data, GuidedHealth Rx provides actionable, clinical intelligence to prescribers and members, so they can make better decisions about medications. These insights can result in improved care, safer medicine use and lower total cost of care. The Base program includes adherence and underutilization features.

### **CARE NAVIGATION PROGRAM**

Blue Cross NC Care Navigators receive behavioral health referral requests from providers and members vis our secure website. Members are then matched to in-network providers that best suit the member's needs.

### MY PREGNANCY PROGRAM

My Pregnancy is a mobile app that helps members manage their pregnancy. Weekly content, daily tips and a symptom/issue tool for real-time advice are just a few of the app's features. It also offers educational materials and tailored risk assessments with referrals to a Blue Cross NC obstetric nurse if a risk is detected.

### **BLUE 365**

Blue365 offers member-only discounts and deals on health, fitness, travel and home products and services.

# **CONTACT INFORMATION**

CONTACT LIST FOR YOUR EMPLOYEE BENEFITS



CONTACT INFORMATION				
BENEFIT	PROVIDER	PHONE	WEBSIT/EMAIL	
Medical	BlueCross NC	888.206.4697	www.bluecrossnc.com/members	
Dental	BlueCross NC	888.206.4697	https://www.bluecrossnc.com/ members/dental-blue	
Vision	BlueCross NC	888.206.4697	https://wwwbluecrossnc.com/ members/vision	
Enrollment	PlanSource		"Link pending"	

# **NOTES**

# USE THIS PAGE FOR INFORMATION YOU FIND HELPFUL



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